

C.C.S.UNIVERSITY, MEERUT

SYLLABUS

M.A. PSYCHOLOGY

ACADEMIC SESSION 2010-2011

AND

ONWARDS

## The description of courses

### Semester- 1

	Internal Marks	External Marks	Total
(1) Research Methods	50	50	100
(2) Statistical Methods and Experimental Design	50	50	100
(3) Social Psychology	50	50	100
(4) Biological Foundations of Behaviour	50	50	100
• Practicum based on above cited courses			100
			<b>Total : 500</b>

### Semester – 2

(1) Positive Psychology	50	50	100
(2) Fundamentals of Psycho- metry	50	50	100
(3) Cognitive Psychology	50	50	100
(4) Theories of Personality	50	50	100
• Practicum based on above cited courses			100
			<b>Total :500</b>

### Semester – 3

	Internal Marks	External Marks	Total
(1) Health Psychology	50	50	100
(2) Guidance and counselling	50	50	100
(3) Psychopathology	50	50	100
(4) Indian Psychology	50	50	100
• Practicum based on above cited courses			100
			<b>Total : 500</b>

### Semester – 4 (Elective Papers)

#### Any four of the following :

(1) Clinical Psychology	50	50	100
(2) Organizational Psychology	50	50	100
(3) Industrial Psychology	50	50	100
(4) Developmental Psychology	50	50	100
(5) Environmental Psychology	50	50	100
(6) Community Psychology	50	50	100
(7) Stress Management and Coping	50	50	100
(8) Neuro- Developmental Disorders	50	50	100
(9) Forensic Psychology	50	50	100
(10) Disaster Management	50	50	100
(11) Human Resource Practices	50	50	100
(12) Emotions in every day life	50	50	100
(13) Planning, Recruitment & Selection	50	50	100

#### • **Dissertation**

100

**Total : 500**

**Grand Total : 2000**

## Semester -1

### Paper- 1: Research Methods

Code No- Psy-301

**Objective:** The aim is to familiarise the students with the meaning, objectives and significance of Research, the different methods and techniques used in data collection in research Studies

Unit -1: Nature and Types of Psychological Research: Ex post facto, Experimental, Survey Research

Unit -2: Methodological Strategies and Issues: Sampling Procedures

Unit -3: Qualitative Methods: Nature, Assumptions, Grounded Theory, Ethnography

Unit -4: Interview, Thematic Analysis, Questionnaire

Unit -5: Writing Research Report: APA Style;

Unit -6: Ethical issues in Psychological Research

10 Hours per Unit,

Total : 60

### Books:

- 1) Hewitt, Dennis & Cramer, Dunccan (2005) . Introduction to research methods in Psychology. New Delhi: Pearson
- 2) Gies, David C (2002). Advanced research methods in psychology. New York: Routledge.
- 3) Mohsin: Research Methods in Behavioural Sciences, New Delhi; Longman
- 4) Newman W.L. (1991): Social Research Methods: Qualitative and Quantitative, Boston; Allyn & Bacon
- 5) Denzin, N.K. & Lincoln, Y.S. (2005): Handbook of qualitative research, Thousand Oaks; Sage.

**Paper- 2: Statistical Methods & Experimental Designs****Code No- Psy-302**

**Objective:** The objective is to get the students acquainted with the statistical concepts and methods in Psychology and to create understanding about different types of design employed in Psychological Researches

- Unit -1: Normal Distribution: Properties & Application; Parametric and Nonparametric Statistics: Chi square ( $\chi^2$ ) and sign test, Kruskal Wallis and Mann-Whitney Tests
- Unit -2: Special Correlation Methods: Bi- Serial, Point Bi- Serial, Phi, Contingency
- Unit -3: Test of Statistical Significance 't' and ANOVA One and Two way.
- Unit -4: Introduction to Experimental Designs: Randomised Group Designs, Block Designs, Factorial Design; Within group design.
- Unit -5: Regression and Prediction; Multiple and partial Regression Analysis (no numerical on multiple and partial), Orientation to statistical softwares

12 Hours per Unit,

Total : 60

**Books:**

- 1) Broota, K.D. (1992): Experimental Design in Behavioural Research, New Delhi; Wiley Eastern Ltd.
- 2) Edwards, A.K.: Experimental design in Behavioural Research, New Delhi; Wiley Eastern Ltd.
- 3) Guilford J.P.: Psychometric Methods, Tokyo; Kogakusha co.
- 4) McGuigan, M.J.: Experimental Psychology, New Delhi; Prentic hall of India Pvt Ltd
- 5) Kerlinger, F.N. (1996): Foundations of Behavioural Research, Banglore; Prism India
- 6) Winer, B.J. (1997): Statistical Principles in Experimental Design, New York; McGraw Hill

**Paper- 3: Social Psychology****Code No-Psy- 303**

**Objective:** The aim is to create understanding among the students about social behaviour, social interaction, perception, aggression and violence

Unit-1: Introduction , Nature, meaning , scope and methods of Social Psychology

Unit -2: Theoretical Perspectives Social Construction, Social Exchange, Social Comparison

Unit -3: Self and Identity: Organisation of Self Knowledge, Culture and Self Construal

Unit -4 :Person Perception , Self Perception, Social Cognition, Influence Processes and Conformity

Unit -5: Social Relations and Group processes: Attraction and Intimacy, Pro Social Behaviour.

Unit -6: Aggression and Violence, Prejudice and Inter Group Conflicts, Psychology of Terrorism

10 Hours per Unit,

Total : 60

**Books:**

- 1) Baron. R.A. and Byrne, D. (2000). Social Psychology, Prentice Hall of India.
- 2) Deaux Dane and Wrightsman (1993). Social Psychology in 90's Brook Cole, Publishing Company, U.S.A.
- 3) Myers, D.G. (2008). Social Psychology, McGraw Hill Inc.
- 4) Shaw & Costanjo. Theories of Social Psychology
- 5) Brehm & Kassin (1990). Social Psy. Houghton: Mifflin.
- 6) Shaver. K.G. (1987). Principles of Social Psychology, (3<sup>rd</sup>). Lawrence Erlbaum Associates, Ins., New Jersey.
- 7) Mohanty, A.K. & Misra, (2000): Psychology of poverty and disadvantages, Concept publishing company, New Delhi
- 8) Shiha, D. Tripathi, R.C. & Misra, G (1995): Deprivation: Its social roots and psychological consequences, Concept publishing company, New Delhi
- 9) Misra, G. (Ed.) (1990): Applied Social Psychology in India, N.D.: Saga J. (Ed) (1988). Psychology in India: The state – of – the – art
- 10) Pandey: Basic and Applied Social Psychology, vol 2. ND: Sage.

**Paper- 4 : Biological Foundations of Behaviour****Code No-Psy- 304**

**Objective :** The purpose of the course is to acquaint with the structure and function of Nervous System, relationship between brain and behavior, internal mechanism of hunger, thirst, reproductive behaviour and mechanism of hormonal control.

Unit – 1 : Introduction to Physiological Psychology Nature and Scope .Methods of Research : Anatomic, electrical and chemical, radiological and behaviour techniques

Unit- 2 : Structure and functions of Brain Cells : structure, types and functions of Neurons and supportive cells of Brain. Resting potential, Propagation of action potential, Blood brain barrier, Synaptic transmission and neurotransmitters.

Unit – 3 : Anatomy of Nervous System : Types, structure and functions of central Nervous system, and peripheral Nervous system. Reflex action.

Unit – 4: Brain and Behaviour : Mechanism of hormonal action, Reproductive behaviour, sleep and biological rhythm and maintaining homeostasis.

Unit- 5: Recent advances in neurophysiology, Hemispheric specialization and localization, consciousness, altered status of consciousness biology of meditation, controversies in biological psychology.

12 Hours per Unit,

Total : 60

**Books:**

- 1) Carlson,N.R. (1994): Physiological Psychology.(5<sup>th</sup> Ed), Boston: Allyn Bacon
- 2) Kalat, J.W(1995) : Biological Psychology, (7<sup>th</sup> Ed.) Wadworth/Thomson Learning, Belmont, CA,USA
- 3) Levinthal, C.F.: Introduction to Physiological Psychology, Prentice Hall of India.
- 4)Roserweig, M.R., Leiman, A.L. and breedlove, S.M. (1999), Biological Psychology: An Introduction to behaviour and Cognitive and Clinical neuroscience. Sinaure Associates, Inc. Publishers Sunderland, Mssachusetts.

**Paper- 5: Practicum**

- Any **Ten** of the following practicum (At least one practicum related with each theory paper)-
  - 1) Thematic Apperception Test (TAT)
  - 2) Prepare a case report using interview and other psychological tests/questionnaires
  - 3) Stereotype test construction
  - 4) Set Shifting (Wisconsin Card Sorting Test)
  - 5) PGI Battery for Brain Dysfunction (PGIBBD)
  - 6) Biofeedback
  - 7) Home (family ) adjustment inventory
  - 8) Conformity Behaviour /Prejudice /Aggression
  - 9) Interpersonal Attraction
  - 10) Problem Solving in Group and Individual Situation
  - 11) Effect of Deprivation upon Cognition
  - 11) Bogardus Scale
  - 12) Application of Qualitative Methods
  - 13) Approval Motive Inventory

**Note: Besides the above, the teacher can also design relevant practicum.**

## Semester -2

### Paper -1: Positive Psychology

Code No- Psy-305

**Objective:** This course is aimed at presenting the positive outlook and approaches to behavioural aspects of people, basic concepts and criteria of positive health and happiness and emotional competence in human life.

Unit -1: Introduction: Nature of Positive Psychology, Assumptions and Goals.

Unit -2: Happiness: Basic concept, Subjective well being, Measurement of Happiness, Correlates of Happiness

Unit -3: Positive Emotions and Well being; Emotional Intelligence: Theoretical Models and Applications, Emotional Longevity, hope and optimise.

Unit -4: Positive Traits: Big Five Personality Factors, Virtues and Strengths of Character, Implications and Controversies

Unit -5: Positive health and Positive change : Meaning, criteria of positive health, Stages of change processes and implication.

12 Hours per Unit,

Total : 60

### Books:

- 1) Lopez and Seligman : Handbook of positive psychology oxford
- 2) Carr : Positive Psychology
- 3) Snyder and Lopez : Positive Psychology.
- 4) Baungardnes ,S.R. & Crothers, M.K. (2009), Positive Psychology;Pearson



**Paper- 2: Fundamentals of Psychometry****Code No-Psy- 306**

**Objective:** To gain familiarity with Psychometry and psychological measurement, nature, uses, criteria of psychological test, and the steps used in test construction, item analysis and application of the test is the main objective of this course.

Unit -1: Fundamentals of Psychometry, Nature of Psychological Measurement, Measurement Scales, Errors in Measurement

Unit -2: Steps use in Test Construction and Item Analysis

Unit -3: Types and Methods of Determining different types of Reliability & Validity

Unit -4: Standardisation of Tests: Types of Norms, Specificity of Norms

Unit -5: Application of Tests and Ethical Issues.

Unit -6: Introduction to Factor Analysis

10 Hours per Unit,

Total :60

**Books:**

- 1) Chadha, N.K. (2009). Applied Psychometry. New Delhi: Saga
- 2) Guilford, J.P. (1989). Psychometric methods. NJ: John Wiley
- 3) Guilksen, (1988). Theory of Mental Tests. California: Wiley
- 4) Jackson, C. (2003) Understanding Psychological Testing. Mumbai: Jaico Pub. House
- 5) Kline, T.J.B. (2005). Psychological Testing. New Delhi : Vistaar Publication

**Paper- 3: Cognitive Psychology****Code No- Psy-307**

**Objective:** This course is aimed at creating understanding and knowledge about cognitive aspects of behaviour such as attention and perceptual process, memory, language and speech production, thinking problem solving and decision making.

Unit -1: Attention and Perceptual Processes: Current Paradigms, Frontal Lobe and Executive Processes, Switching Attention, Attention Control and Attention Training; Perception: Perceptual Processes, Approaches to perception

Unit -2: Memory: Memory Processes, Current Models, Organisation of sensory short term and long term , Eye Witness Memory, Enhancing Memory, Flash back memory, construction and reconstruction ,Theories of Forgetting

Unit -3: Language and Speech Production: Structure, Comprehension and Production, Sentence Comprehension, Whorfian Hypothesis

Unit -4: Thinking and Problem Solving: Meaning, Types and Theories of Thinking; Reasoning and Problem Solving: Types and Strategies of Problem Solving

Unit -5: Creativity and Decision Making: Meaning and Nature, Factors Influencing Decision making and Judgement, improving Decision Making

12 Hours per Unit,

Total :60

**Books:**

- 1) Galotti, K.M. (1999) : Cognitive Psychology in and outside laboratory, Mumbai; Thomson Asia
- 2) Matlin, Margaret W. (1995) : Cognition (II ed.), Prism Book Pvt. Ltd., Bull Temple Road, Basavasiguda, Bangalore – 560019
- 3) Michael G. Wessells 91982: Cognitive Psychology, Harper and Row, New York
- 4) Snodgrass, Jone Gray et.al.(1985) : Human Experimental Psychology, New York: Oxford University Press.
- 5) Ronald. T. Kellogg : Cognitive Psychology

**Paper- 4: Theories of Personality****Code No-Psy- 308**

**Objective:** This course is intended to present the knowledge about nature and issues of personality, different approaches such as cognitive, learning, triguna and to give acknowledge of recent advances in personality research.

Unit -1: Approaches to the study of Personality: Trait, Type and Eclectic Approaches, Biological and Socio Cultural Determinants, Controversial Issues in Personality Researches

Unit -2: Theoretical Perspective: Allport, Cattell, Five Factor Model, Freud, Adler and Eric Erikson Jung

Unit -3: Cognitive and Learning Approaches to Personality, Kelly,, Lewin, Festinger, Dollard and Miller, Bandura and Skinner.

Unit -4: Triguna Theory of Personality, Maslow's Need theory and Roger's Self Theory Constitutional Types

Unit -5: Recent Advances in Personality Research: Human Strength and Virtues; Learned Helplessness

12 Hours per Unit,

Total :60

**Books:**

- 1) Hall and Lindzey: Theories of Personality
- 2) Snyder and Lopez: Positive Psychology
- 3) Fadiman, J. & Frager, R. (2005) Personality & Personal Growth. (6<sup>th</sup> Ed.), New York: Prentice Hall
- 4) Bayer, B. M. & Shotler, J. S. (1997). Reconstructing the psychological subject, London Sage

**Paper- 5: Practicum**

- Any **Ten** of the following practicum-
  - 1) Creativity Test
  - 2) Rorschach Test
  - 3) Cognitive Assessment System of J.P.Das (PASS Model)
  - 4) Signal Detection/ Learning Set Formation
  - 5) Recognition Test (Computerised)
  - 6) Memory Process/ Zeigarnic Effect
  - 7) Depth/ Distance Perception
  - 8) Distortion in Memory
  - 9) Sustained Attention
  - 10) Verbal Comprehension Test (Token Test)
  - 11) MBTI
  - 12) Five Factor Inventory /16 PF
  - 13) Test For Problem Solving (Tower Of Landon)
  - 14) Vedic Types and Triguna

**Note: Besides the above, the teacher can design other relevant practicum.**

### **Semester -3**

#### **Paper- 1: Health Psychology**

**Code No-Psy- 309**

**Objective:** To gain familiarity with Meaning of Health in Socio Cultural Context, Stress and Coping Behaviour, Behavioural Health, Resources Promoting and Maintaining Mental Health, Behaviour and Chronic Diseases, future of health psychology.

Unit -1: Meaning of Health in Socio Cultural Context: Nature, Scope and Development, Psychosomatic Medicine, Behavioural Medicine, Behavioural Health; Models of Health

Unit -2: Stress and Coping Behaviour : Models and sources of stress. Technique of coping, stress management.

Unit -3: Behavioural Health: Preventing Smoking, Health Consequences of Tobacco use, Interventions to Reduce Smoking; Preventing Alcohol and Other Drug, Effects of Alcohol, Drug Misuse, Abuse and Treatment

Unit -4: Resources of Promoting and Maintaining Mental Health: Biological, Socio Cultural, Economical and Spiritual

Unit -5: Behaviour and Chronic Diseases: Identifying Behavioural Factors in Cardio Vascular Diseases, Cancer, Diabetes, HIV and Aids

Unit -6: Future Prospects of Health Psychology

10 Hours per Unit,

Total : 60

#### **Books:**

- 1) Aboud, F.E. (1998). Health Psychology in Global Perspective. Thousand Oaks, C.A. Sage. Brannon, L. & Feist J. (2000). Health Psychology,. U.S.A. Brooks/Cole.
- 2) Bishop, G.D. (1994). Health Psychology: Integrating Mind and Body. Boston: Allyn & Bacon
- 3) Brcome, A.K. & Llewellyn, S. (1995). Health Psychology London: Chapman & Hall
- 4) Friedman, D.N. (1989). Health Psychology. New York: Prentice- Hall
- 5) Sarafino, E.P. (1994). Health Psychology: Bio- Psychosocial Interactions. New York : Wiley.
- 6) Taylor, S. (1986). Health Psychology. New York : Random House.

**Paper- 2: Guidance and Counselling****Code No-Psy- 310****Objective:** This course is prepared with the view to gain the knowledge about :

1. Fundamentals of guidance and counselling.
2. Methods of assessing the personality.
3. Characteristics and purposes of various types of counselling.
4. Importance of counselling in real life.

Unit -1: Guidance and Counselling: Meaning, Nature, Characteristics and Basic Principles, Aims and Importance

Unit -2: Methods of Assessment: Intelligence, Achievement, Aptitude, personality and Interest; Case Study, Autobiography, Home visits and Interview

Unit -3: Characteristics of Counselee and Counsellor: Counsellor as Professional Functionary, Counselling Process and Skills, Ethical issues in Counselling

Unit -4: Guidance Services in Schools and Clinical Settings: Importance, Scope and Problems; Family, Marital and Health Counselling

Unit -5: The Future and Status of Counselling with special reference to India .

12 Hours per Unit,

Total :60

**Books:**

- 1) Harold, L. (1996). Counselling: The Professional Counsellor
  - 2) Corey, G. (2001). Theory and Practice of Counselling and Psychotherapy. Pacific Grove, California, Brooks/Cole
  - 3) Belking, G S : Introduction to Counselling W.G.Brown Publishing
  - 4) Nelson ,J : The theory and practice of counselling Psychology ; New York Holt
- 5) Windy ,D: Counselling in Action sage Publication

**Paper- 3: Psychopathology****Code No-Psy- 311**

**Objective:** To get the students acquainted with the nature of psychological disorders, classification of psychological disorders, Indian Perspectives on Sufferings and various psychological approaches to management.

Unit-1: Classification Systems & Models: Overview of latest versions of Diagnostic and Statistical Manual (DSM ); International Classification of Diseases (ICD 10); Biological, Psychodynamic, Behavioral and Cognitive Models of psychopathology

Unit-2: Organic and Psychotic Disorders: Dementia; Schizophrenia (Disorganized, Paranoid and Catatonic Type) and Mood Disorders (Mania and Depression), Delusional Disorder

Unit-3: Neurotic, Stress-related and Somatoform disorders: Phobia, Panic Disorder, Generalized Anxiety Disorder, Obsessive-Compulsive Disorder; Post-traumatic Stress Disorder; Suicide , Conversion Disorder, Dissociative Amnesia, Dissociative Convulsions, Trance and Possession Disorder.

Unit-4: Substance Related Disorders: Alcohol Dependence, Short-term Effects of Cannabis

Unit-5: Mental Retardation and Specific Developmental Disorders of Scholastic Skills: Mental Retardation, Specific Reading Disorder, Specific Disorder of Arithmetical Skills

Unit-6: Therapeutic Approaches : Psychotherapy and Behaviour Therapy . Prevention Indian perspective on Health, illness and healing.

10 Hours Per Unit

Total: 60

**Books:**

- 1) Richard R. Bootzin
- 2) Joan Ross Acolta
- 3) Lauren B. Alloy
- 4) J.C. Coleman

**Paper- 4: Indian Psychology****Code No- Psy-312**

**Objective:** To gain familiarity with Indian psychological concepts, the core and context of Indian psychology, trends of research and Ontological and Epistemological premises of Indian psychology

- Unit -1: The Core and Context of Indian Psychology: Definition of Indian Psychology, Brief Historical Background, The Changing perception of Indian Psychology, The Disciplinary Contours, Distinguishing features of Indian Psychology
- Unit -2: Trends of Research: Indigenisation, Indigenous and Indian
- Unit -3: Indian Concepts and Perspectives: Indian Psychological thoughts- Vedant, Sankhya, Yoga, Jainism and Buddhism, Integral Psychology of Shri Aurbindo as an emerging system
- Unit -4: Ontological and Epistemological Premises of Indian Psychology: Nishkam Karma, Anasakti Yoga of Bhagwat Gita, Kundalini Yoga
- Unit -5: Development of Specific Concepts: Jiva, Chit and Chatinya, Triguna, Manas/Chitta, Antahkarna, Ahamkara, Purushartha, Santosh, Swadhyay, Krodha, Karma, Gyan, Vigyan and Vivek.

12 Hours per Unit,

Total : 60

**Books:**

- 1) Rao, K.R. , Paranjpe, A.C. & Dalal, A.K. (2008). Handbook of Indian Psychology; Foundation, Books Delhi : Cambridge University Press.
- 2) J.N.Sinha : Indian Psychology , New Delhi: Motilal Banarsi Das
- 3) Paranjpe, A.C.(1998). Self and identity in modern psychology and Indian thought. New york : Springer.
- 4) Kuppaswami, B. (1985). Elements of Indian psychology. New Delhi: Vikas.
- 5) Ramkrishnan, K.R. & Marwaha S.B. (Ed) Toward a spiritual psychology. New Delhi :Samwad.
- 6) Rao, R.(1962). Development of psychological thought in India. Mysore: Kaivalya
- 7) Dalal Ajit K. and Misra Girishwar (2010). Psychology and developing



societies; Sage publications New Delhi

**Paper- 5: Practicum :**

- Any **Ten** of the following practicum-
  1. WAIS (Indian Adaptation)/ WISC (Indian Adaptation by Malin)/ Any non verbal test of Intelligence
  2. Clinical Analysis Questionnaire
  3. Stress test
  4. Brahm Varchasya Guilt Feeling Test
  5. Rosen wig PF Study
  6. Any Verbal Intelligence Test
  7. Any Nonverbal Test
  8. Home(family) Adjustment Inventory
  9. Depression Scale
  10. Mental Health Test
  11. PGI Mental Health Questionnaire
  12. TAT
  13. Rorschach Ink Block Test
  14. MPI
  15. MMPI

## Semester -4 (Elective Papers)

### 1) Clinical Psychology

Code No-Psy- 313

**Objective:** To get the students acquainted with :

- 1: Clinical Assessment
- 2: Meaning of Psycho- Diagnosis and prognosis
- 3: Techniques of Psycho- Diagnosis
- 4: Clinical Psychology as a profession

Unit- 1: Clinical Psychology : Nature, Problems and methods of clinical psychology.

Unit -2: Meaning of Psycho- Diagnosis: Types & Importance , concept of Prognosis.

Unit -3: Techniques of Psycho- Diagnosis, Neuro Psychological Assessment- Bender Gestalt, AIIMS Neuro Psychological Battery, TAT, Rorschach WAIS and MMPI, Case Study, Diagnostic interview and Observation

Unit -4: The Profession of Clinical Psychology: Training, Roles and Responsibilities in Clinical Psychology. The future of clinical psychology, specially in India.

Unit-5: Therapies : Biological and Psycho Social therapies. Prevention.

12 Hours per Unit,

Total : 60

**Books:**

- 1) Hecker J.E. & Thorpe G.L., 2007 : Introduction to Clinical Psychology.
- 2) Thomas G. Plante (2004) Contemporary Clinical Psychology
- 3) Robert J. Derubeis Donald K. Routh (1998) The Science Of Clinical Psychology. American Psychological Association
- 4) Korchin S.J. Modern Clinical Psychology.
- 5) Henry Kellerman (2009) Handbook of Psychodiagnostic Testing: Analysis of Personality in the Psychological Report
- 6) खुमरूकएड 2010: रस्वाचैनीक बेल तएस्त प्रास्वान्त प्स्व्हे छेरप। एएड इएल्ही

**2) Organizational Psychology****Code No- Psy-314**

**Objective :** The goal of this course is to create awareness and understanding about general concepts of organization behaviour as well as the structure and dynamics of organization and its impact on human behaviour.

Unit-1: Foundation for organizational behaviour : Historical context of organizational behaviour defining organizational behaviour, models of organizational behaviour, scope and opportunities for organizational behaviour.

Unit-2: Individual in organization : Early theories of work motivation, contemporary theories of work motivation. Motivation performance: employee involvement programs, variable pay program , skill-bases pay plan. Special issues in motivation : Motivation professionals, motivating professionals, motivating worker. Major personality attributes affecting OB, matching personality and job. Skills involved in changing attitude.

Unit-3: Leadership : Nature of organizational leadership. Models of organizational leadership. Requirement of effective leadership. Power and politics : Distinction between power, authority and influence. Power tactics. Skills involved in managing politicking.

Unit-4: Conflict :Types and management. Negotiation skills. Organizational stress and its management : role stress, occupational stress, burn out, rust-out, coping strategies. Skills involved in managing stress. Counselling.

Unit-5: Decision making : Traditional model of decision making, approaches to decision making in organization, impediments to optimal decision, improving effectiveness of group decision.

12 Hours per Unit,

Total : 60

**Books:**

- 1) Luthans, F. (9<sup>th</sup> ed.): Organizational behaviour. New Delhi: Tata MCGraw- hill publishing company Ltd.
- 2) Robbins (2009): Organizational Behaviour.
- 3) Carrington D.J. (1989): Organizational Behaviour
- 4) Cumming and Denhom (1980) : Introduction to Organizational Behaviour.
- 5) Miner J.B. (1992) : Industrial / Organizational Psychology. N.Y, Mc Graw Hill.

**3) Industrial Psychology****Code No-Psy- 315**

**Objective:** The main objective is to create understanding and awareness about the nature of fundamental issues related to human behaviour and Industrial environment.

Unit -1: Introduction to Industrial Psychology: Definitions and Scope, Major Influence on Industrial Psychology: Scientific Management and Human Relations Schools Hawthorne Experiments

Unit -2: Individual in Work Place: Motivation and Job Satisfaction, Stress Management, Organisational Culture, Leadership and Group Dynamics

Unit -3: Work Environment & Engineering Psychology: Fatigue Boredom, Accidents and Safety; Job Analysis, Recruitment and Selection: Reliability and Validity of Recruitment Tests

Unit -4: Performance Management: Training & Development

15 Hours per Unit,

Total : 60

**Books:**

- 1) Miner J.B. (1992) Industrial/Organisational Psychology, N.Y.: McGraw Hill
- 2) Blum & Naylor (1982) Industrial Psychology, Its Theoretical & Social Foundations CBS Publication
- 3) Aamodt, M.G. (2007) Industrial/ Organisational Psychology: An Applied Approach (5<sup>th</sup> Edition) Wadsworth/ Thompson: Belmont, C.A.
- 4) Aswathappa K. (2008). Human Resources Management (5<sup>th</sup> Edition) New Delhi: Tata McGraw Hill

**4) Developmental Psychology****Code No-Psy- 316**

**Objective:** This course is aimed at Theoretical background, Cognitive Development, Moral Development, Play, Adolescence- Growth and Characteristics

Unit -1: Concept, Theories, Philosophical View, Maturation Theories, Behavioural Learning Theories, Adaptation Theories, Psychodynamic Theories

Unit -2: Cognitive Development, Piagetian Approach, Vygotskian Approach, Language Development

Unit -3: Moral Development, Play: Types and Development of Social Understanding, Emotional Development

Unit -4: Adolescence- Growth and Characteristics; Adulthood and Old Age- Characteristics, Changes in Cognitive Abilities, Adjustment to Physical Changes

15 Hours per Unit,

Total :60

**Books:**

- 1) Hurlock : Developmental Psychology
- 2) Burk , Laura A. : Child Development
- 3) Agarwal, A. & Saxena, A.K. (Eds.) (2003). Psychological perspectives in environmental and developmental issues. New Delhi: Concept
- 4) Burman, E. (2008). Deconstructing Developmental Psychology. New York: Taylor & Francas
- 5) Gauvain, M. (2002). The Social Context of Human development. New York: Guilford Press
- 6) Lerner, R.M. Jacobs, F. & Wertlieb, D. (2005). Applied Developmental Science: An Advanced Textbook. Thousand Oaks: Sage publication

**5): Environmental Psychology****Code No-Psy- 317**

**Objective:** This course is prepared to serve the purpose related to environmental issues and factors and their impact on human behaviour.

Unit -1: Nature and Scope of Environmental Psychology

Unit -2: Approaches to Environmental Psychology, Environmental Load, Adaptation Level and Behaviour Constraints, Stress and Banker's Ecological Psychology

Unit -3: Environmental Cognition: Nature and Characteristics and Theories of environmental perception and attitude, Cognitive maps.

Unit -4: Environmental Stress: Nature and Characteristics, Meaning, Source, and effects of density, temperature, noise and air pollution. Natural disasters and technological catastrophe.

Unit -5 : Personal space and territoriality: Meaning and nature of Personal space and territorial behaviour. Effects on Social-behaviour and Performance.

Unit-6: Methods of changing environmental favourable attitude and behaviour.

10 Hours per Unit,

Total 60

**Books:**

- 1) Bell, P.A. Fisher, J.D. & Laomis, R.J. (2002 ed.), Environmental Psychology, Philadelphia W.B. Sannders
- 2) Paul A. Bell, (Et al.) Environmental Psychology,
- 3) William H. Ittelson (1974). [An Introduction to environmental psychology.](#)
- 4) Charles J. Holahan - [Environmental psychology](#) (1982) , [Environmental psychology](#)
- 5) Mirilia Bonnes, Gianfranco Secchiaroli (1995) [Environmental Psychology: A Psycho-social Introduction.](#)

**Paper- 6: Community Psychology****Code No-Psy- 318**

**Objective:** This course is aimed at creating awareness and understanding about nature models of different systems of community setting and importance of intervention and prevention in community psychology

Unit -1: Community Psychology: Definition, Nature, Scope and orientation , Its Development in Social and Historical Context, Factors underlying the emergence of Community Psychology

Unit -2: Mental Health Education : Practices of Mental health education effectiveness of mental health education.

Unit -3: Models: Mental Health, Social Action, Organisational and Ecological Model

Unit -4: Intervention: In Education System, Health System and Social welfare System. National (Mental) health, Quality of life.

Unit -5: Prevention : Primary, Secondary and Tertiary.

12 Hours per Unit,

Total : 60

**Books:**

- 1) Korchin, S. J. Modern Clinical Psychology
- 2) Iscoe, I. Book, B.L. and Spiel Berger, C.D. (Eds.) Community Psychology: Perspective in Training and Research, NY. Appleton. 1977
- 3) Mann, A.P. Community Psychology, Concept and Application, Free Press, 1978
- 4) Repaport, J. Community Psychology : Values, research and actions, NY, Halt, Rine Hart

**7) Stress Management and Coping****Code No-Psy- 319**

**Objective:** This course is aimed at Nature of Stress and Health, Managing/ Coping with Stress, Bio Feedback, Assertiveness training, Time Management, Coping with Organisational Role.

Unit -1: Nature of Stress and Health: Lazarus and Folkman's Transactional Model, Conceptualisation of Stress, Sources of Stress, Gender and Stress

Unit -2: Managing/ Coping with Stress: Self Management through Self Awareness, Yogic Meditation, Buddhist Vipassana

Unit -3: Bio Feedback, Assertiveness training, Time Management, Relaxation Trainings

Unit -4: Coping with Organisational Role Stress, Coping with Mergers and Acquisitions dealing with dual career relationships

15 Hours per Unit,

Total : 60

**Books:**

- 1) Pestonjee;D.M. : Stress and Coping : the Indian experience ,New Delhi; Sage Publication
- 2) Mishra G(Ed) : Psychological Perspective on stress and Health ; New Delhi



**8) Neuro-Developmental Disorders****Code No-Psy- 320**

**Objective:** This course is aimed at Learning Disabilities, Attention Deficit Hyper Activity Disorder, Autistic Spectrum Disorders, Dementias.

Unit -1: Learning Disabilities: Theoretical Framework, Types, Diagnostic Procedures

Unit -2: Attention Deficit Hyper Activity Disorder: Theoretical Framework, Types, Diagnosis, Etiology

Unit -3: Autistic Spectrum Disorders: Theoretical Framework, Levels, Etiology, Assessment and Interventions

Unit -4: Dementias: Types and Classification; Alzheimer's Disease: Histological Markers, Neuropsychological Profile, Sub cortical Dementias with Special Reference to Parkinson's Disease

15 Hours per Unit,

Total : 60

**Books:**

- 1) Whitaker, H.A. (1988). Neuropsychological studies of non focal brain damage. New York: Springer- Verlag
- 2) Walsh, K. (1994). Neuropsychology; A clinical approach. New Delhi, Churchill Livingstone
- 3) Heliman, K.M. & Valenstein, E. (1993). Clinical Neuropsychology, New York: Freeman, W. H.
- 4) Ottoson, D. (1987). Duality and Unity of the brain. London: MacMillan
- 5) Boller, F. & Grafman, J. (1988). Handbook of Neuropsychology. New York: Elsevier

**9 ) Forensic Psychology****Code No-Psy- 321**

- 1) Survey of Forensic Psychology Practice and Principles: the field of forensic psychology, its history and impact in today's world. Relationship between law and psychology. Preparation of reports for court and other forensic settings.
- 2) An introduction to personality disorders. Therapy interfering behaviours. Personality Assessment in Personal Injury Litigation, Psychology of Victims
- 3) **The Adult Offenders:** Identification and Evaluation of Criminal Suspects Psychological origins and dynamics of criminal behavior from the viewpoint of psychological theories. Psychological theories related to etiology, development and prediction of violent crime. Special offender populations (sex offender, offenders with developmental disabilities or those classified as mentally retarded).
- 4) Polygraph Testing, Narco-analysis, Lie-Detection, Brain Profiling, Interviewing techniques, Offender profiling, Modus Operandi, Portrait Parle

15 Hours per Unit,

Total : 60

**Books:**

- 1) Curt R Barton and Anne M Barton (2006) Current Perspectives in Forensic Psychology and Criminal Justice, Sage Publication
- 2) Goldstein & Weiner Handbook of Psychology Vol 2(2003): Forensic Psychology: Wiley;
- 3) George Palermo et al (January 2005) Offender Profiling: An Introduction To The Socio psychological Analysis Of Violent Crime : Thomson;
- 4) Kim Rossmo (1999) Geographic Profiling: CRC Press;
- 5) Marc Ackerman 1999 : Essentials of Forensic Psychological Assessment, Wiley
- 6) David Canter [2010] Forensic Psychology :A very short introduction Oxford University Press, USA
- 7) By Katherine M Ramsland [Paperback 2010] [The Forensic Psychology of Criminal Minds](#) Berkley Publishing Group
- 8) By Adrian Scott [Paperback 2010] [Forensic Psychology](#) Palgrave MacMillan

**10) Disaster Management****Code No-Psy- 322**

**Objective:** This course is aimed at Concept, Type and Impact of Disaster, Psychological Response to Disaster, Psychosocial needs of women, children, elderly and disabled, Psychosocial care.

Unit -1: Introduction: Concept, Type and Impact of Disaster

Unit -2: Psychological Response to Disaster: Reaction to Traumatic Stress, Stages and Phases of Reaction, PTSD, Dissociative Reaction

Unit -3: Psychosocial needs of women, children, elderly and disabled

Unit -4: Psychosocial care: Importance, need assessment, principles of Emotional support, basic techniques of psychosocial care, role of Psychosocial caregiver, ethics for providing psychosocial care

Unit -5 Vicarious Trauma, Psychological and Physiological impact of disaster on rescuers, Management of Rescuer's stress.

12 Hours per Unit,

Total : 60

**Books :**

- 1) K. Shekher et. al. : Psychosocial care in Disaster Management : Facilitation Manual for Trainers of Trainees in Natural Disaster ; Nimhans , Care Bangalore
- 2) Prewitt Diaz, J.O. et. al. : Crisis to recovery : the road to resiliency , New Delhi: Indian Red Cross Society/ American red Cross
- 3) Prewitt Diaz, J.O. et. al. : Disaster Mental Health in India : Indian red cross
- 4) Elaine Enarson , P.G.Dhar Chakrabarti : Women , Gender and Disaster Global Issue and Initiatives , Sage Publication/.

**11) Human Resource Practices****Code No- Psy-323**

Unit -1: Strategy and Human Resource Planning: Vision, Mission and Values, Environmental, Analysis, Internal analysis, Issues of HR is cultural transition.

Unit -2: Meeting HR Requirements: Job Analysis and Job Descriptions, Diversity and Empowered employees, Career Management and Developing Diverse Talent Pool, Competency Assessment: Perspective and Techniques

Unit -3: International HRM, Globalisation and Individual.

Unit -4: Communication and Team Work in International Work Force. Training and development, Talent management, cultural barriers.

15 Hours per Unit,

Total : 60

**Books:**

- 1) Snell & Bohlander (2007) Human Resource and Management, Thomson South Western
- 2) Cascio (1998) Managing Human Resource. Delhi: Tata McGraw Hill
- 3) Cascio W.F. & Aguinis H. (2008), Applied Psychology in Human Resource Management, 6<sup>th</sup> Edition, Printice- Hall USA
- 4) Johnson G. & Scholes K. (1996) Exploring Corporate Strategy, 3<sup>rd</sup> Edition, Prentic- Hall, New Delhi.

**12) Emotions in Everyday life****Code No- Psy-324**

Unit -1: Emotions, Biological Approaches to the Study: Cognitive,  
Psychodynamic, Evolutionary and Cultural

Unit -2: Self Conscious Emotions: Shame, Guilt, Embarrassment and Pride

Unit -3: Empathy and Forgiveness, Hope and Flow

Unit -4: Positive Emotional States: Positive affect, Optimism,

15 Hours per Unit,

Total : 60

**Books:**

- 1) Averill, J.A., Chon, K.K., & Hahn, D.W. (2001). Emotions and Creativity: East and West. *Asian journal of social psychology*, 4, 165- 183
- 2) Barret, L.F., Niedenthal, P.M., & Winkielman (2005). *Emotions and Consciousness*. New York: The Guilford Press
- 3) Carr, A. (2008). *Positive Psychology: The Science of Happiness and Human Strengths*. New Delhi: Routledge
- 4) Ekman, P. (2003) *Emotions Revealed*. London: Weidenfield & Nicolson
- 5) Kitayama, S. & Markus, H.R. (1994). *Emotion and culture empirical studies of mutual influence*. Washington, D.C: American Psychological Association

**13) Planning, Recruitment & Selection****Code No-Psy- 325**

**Objective:** This course is aimed at Definition of Manpower Planning, Job Analysis, Recruitment Process, Barriers to Effective Selection.

- Unit -1: Definition of Manpower Planning, Need for Manpower Planning: Organisational And Individual, Assessing the Current Human Resources, Assessing the Future Demand and Supply of Manpower
- Unit -2: Job Analysis: Job Description, Specification and Application, Methods & Errors of Job Analysis
- Unit -3: Recruitment Process: Definition, Internal & External Sources with Advances and Disadvantages, Special Recruitment Processes, Techniques & Assessment of Selection Process, Cost of Selection
- Unit -4: Barriers to Effective Selection, Selection Feedback and Decision, Contextual Factors in Selection

15 Hours per Unit,

Total : 60

**Books:**

- 1) Bass, B. H. and Barrett, G.V. (1991). People, work and Organisations: An introduction to industrial and organisational psychology. Boston: Allyn and Bacon, Inc
- 2) Chadha, N.K. (2005). Human Resource Management – case studies and experimental exercises. Delhi : Shri Sai Printographers
- 3) Chadha, N.K. (2007) Recruitment and selection, Galgotia, New Delhi
- 4) Davis, K and Newstrons, J.W. (1989), Human Behaviour at work, New York : McGraw- Hill
- 5) Sekran, U. (1999) Organisational Behaviour: Text and Cases. ND: Tata McGraw - Hill

- **DISSERTATION** : Dissertation, in lieu of practicum , is compulsory for all students.