C.C.S. UNIVERSITY, MEERUT

SYLLABUS

M.A. PSYCHOLOGY

ACADEMIC SESSION 2010-2011

AND

ONWARDS
**The description of courses**

**Semester - 1**

<table>
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<tr>
<th>Course</th>
<th>Internal Marks</th>
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<tr>
<td>(1) Research Methods</td>
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<tr>
<td>(2) Statistical Methods and Experimental Design</td>
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<td>(3) Social Psychology</td>
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<td>(4) Biological Foundations of Behaviour</td>
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**Semester – 2**

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<tr>
<td>(1) Positive Psychology</td>
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<td>(2) Fundamentals of Psychometrics</td>
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<td>(3) Cognitive Psychology</td>
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<td>(4) Theories of Personality</td>
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**Semester – 3**

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<th>Course</th>
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<tr>
<td>(1) Health Psychology</td>
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<td>(2) Guidance and counselling</td>
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<td>(3) Psychopathology</td>
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<td>(4) Indian Psychology</td>
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**Semester – 4 (Elective Papers)**

Any four of the following:

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<th>Course</th>
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<tr>
<td>(1) Clinical Psychology</td>
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<td>(2) Organizational Psychology</td>
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<td>(3) Industrial Psychology</td>
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<td>(4) Developmental Psychology</td>
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<td>(5) Environmental Psychology</td>
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<td>(6) Community Psychology</td>
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<td>(7) Stress Management and Coping</td>
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<td>(8) Neuro-Developmental Disorders</td>
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<td>(9) Forensic Psychology</td>
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<td>(10) Disaster Management</td>
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<td>(11) Human Resource Practices</td>
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<td>(12) Emotions in every day life</td>
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<td>(13) Planning, Recruitment &amp; Selection</td>
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• Dissertation                                     |                |                | 100   |
| **Total**                                          |                |                | **500**|
| **Grand Total**                                    |                |                | **2000**|
**Semester -1**

**Paper- 1: Research Methods**

**Objective:** The aim is to familiarise the students with the meaning, objectives and significance of Research, the different methods and techniques used in data collection in research Studies

Unit -1: Nature and Types of Psychological Research: Ex post facto, Experimental, Survey Research

Unit -2: Methodological Strategies and Issues: Sampling Procedures

Unit -3: Qualitative Methods: Nature, Assumptions, Grounded Theory, Ethnography

Unit -4: Interview, Thematic Analysis, Questionnaire

Unit -5: Writing Research Report: APA Style;

Unit -6: Ethical issues in Psychological Research

10 Hours per Unit, Total : 60

**Books:**


3) Mohsin: Research Methods in Behavioural Sciences, New Delhi; Longman


Paper- 2: Statistical Methods & Experimental Designs  

Objective: The objective is to get the students acquainted with the statistical concepts and methods in Psychology and to create understanding about different types of design employed in Psychological Researches

Unit -1: Normal Distribution: Properties & Application; Parametric and Nonparametric Statistics: Chi square (\( X^2 \)) and sign test, Kruskal Wallis and Mann-Whitney Tests

Unit -2: Special Correlation Methods: Bi- Serial, Point Bi- Serial, Phi, Contingency

Unit -3: Test of Statistical Significance ‘t’ and ANOVA One and Two way.

Unit -4: Introduction to Experimental Designs: Randomised Group Designs, Block Designs, Factorial Design; Within group design.

Unit -5: Regression and Prediction; Multiple and partial Regression Analysis (no numerical on multiple and partial), Orientation to statistical softwares

12 Hours per Unit, Total : 60

Books:

3) Guilford J.P.: Psychometric Methods, Tokyo; Kogakusha co.
4) McGuigan, M.J.: Experimental Psychology, New Delhi; Prentic hall of India Pvt Ltd
5) Kerlinger, F.N. (1996): Foundations of Behavioural Research, Bangalore; Prism India
**Objective:** The aim is to create understanding among the students about social behaviour, social interaction, perception, aggression and violence

Unit-1: Introduction, Nature, meaning, scope and methods of Social Psychology

Unit-2: Theoretical Perspectives Social Construction, Social Exchange, Social Comparison

Unit-3: Self and Identity: Organisation of Self Knowledge, Culture and Self Construal

Unit-4: Person Perception, Self Perception, Social Cognition, Influence Processes and Conformity

Unit-5: Social Relations and Group processes: Attraction and Intimacy, Pro Social Behaviour.

Unit-6: Aggression and Violence, Prejudice and Inter Group Conflicts, Psychology of Terrorism

10 Hours per Unit, Total: 60

**Books:**

4) Shaw & Costanjo. Theories of Social Psychology
**Objective:** The purpose of the course is to acquaint with the structure and function of Nervous System, relationship between brain and behavior, internal mechanism of hunger, thrust, reproductive behaviour and mechanism of hormonal control.

Unit – 1: Introduction to Physiological Psychology Nature and Scope. Methods of Research: Anatomic, electrical and chemical, radiological and behaviour techniques

Unit- 2: Structure and functions of Brain Cells: structure, types and functions of Neurons and supportive cells of Brain. Resting potential, Propagation of action potential, Blood brain barrier, Synaptic transmission and neurotransmitters.


Unit – 4: Brain and Behaviour: Mechanism of hormonal action, Reproductive behaviour, sleep and biological rhythm and maintaining homeostasis.

Unit- 5: Recent advances in neurophysiology, Hemispheric specialization and localization, consciousness, altered status of consciousness biology of meditation, controversies in biological psychology.

12 Hours per Unit, Total: 60

**Books:**


2) Kalat, J.W (1995) : Biological Psychology, (7th Ed.) Wadworth/Thomson Learning, Belmont, CA, USA


**Paper- 5: Practicum**

- Any **Ten** of the following practicum (At least one practicum related with each theory paper)-

1) Thematic Apperception Test (TAT)
2) Prepare a case report using interview and other psychological tests/questionnaires
3) Stereotype test construction
4) Set Shifting (Wisconsin Card Sorting Test)
5) PGI Battery for Brain Dysfunction (PGIBBD)
6) Biofeedback
7) Home (family) adjustment inventory
8) Conformity Behaviour /Prejudice /Aggression
9) Interpersonal Attraction
10) Problem Solving in Group and Individual Situation
11) Effect of Deprivation upon Cognition
12) Bogardus Scale
13) Application of Qualitative Methods
14) Approval Motive Inventory

**Note:** Besides the above, the teacher can also design relevant practicum.
Semester -2

Paper -1: Positive Psychology             Code No- Psy-305

Objective: This course is aimed at presenting the positive outlook and approaches to behavioural aspects of people, basic concepts and criteria of positive health and happiness and emotional competence in human life.

Unit -1: Introduction: Nature of Positive Psychology, Assumptions and Goals.
Unit -2: Happiness: Basic concept, Subjective well being, Measurement of Happiness, Correlates of Happiness
Unit -3: Positive Emotions and Well being; Emotional Intelligence: Theoretical Models and Applications, Emotional Longevity, hope and optimise.
Unit -4: Positive Traits: Big Five Personality Factors, Virtues and Strengths of Character, Implications and Controversies
Unit -5: Positive health and Positive change : Meaning, criteria of positive health, Stages of change processes and implication.

12 Hours per Unit, Total : 60

Books:

1) Lopez and Seligman : Handbook of positive psychology oxford
2) Carr : Positive Psychology
3) Snyder and Lopez : Positive Psychology.
Paper- 2: Fundamentals of Psychometry  

Objective: To gain familiarity with Psychometry and psychological measurement, nature, uses, criteria of psychological test, and the steps used in test construction, item analysis and application of the test is the main objective of this course.

Unit -1: Fundamentals of Psychometry, Nature of Psychological Measurement, Measurement Scales, Errors in Measurement
Unit -2: Steps use in Test Construction and Item Analysis
Unit -3: Types and Methods of Determining different types of Reliability & Validity
Unit -4: Standardisation of Tests: Types of Norms, Specificity of Norms
Unit -5: Application of Tests and Ethical Issues.
Unit -6: Introduction to Factor Analysis

10 Hours per Unit, Total : 60

Books:

**Paper- 3: Cognitive Psychology**

**Objective:** This course is aimed at creating understanding and knowledge about cognitive aspects of behaviour such as attention and perceptual process, memory, language and speech production, thinking problem solving and decision making.

Unit -1: Attention and Perceptual Processes: Current Paradigms, Frontal Lobe and Executive Processes, Switching Attention, Attention Control and Attention Training; Perception: Perceptual Processes, Approaches to perception

Unit -2: Memory: Memory Processes, Current Models, Organisation of sensory short term and long term, Eye Witness Memory, Enhancing Memory, Flash back memory, construction and reconstruction, Theories of Forgetting

Unit -3: Language and Speech Production: Structure, Comprehension and Production, Sentence Comprehension, Whorfian Hypothesis

Unit -4: Thinking and Problem Solving: Meaning, Types and Theories of Thinking; Reasoning and Problem Solving: Types and Strategies of Problem Solving

Unit -5: Creativity and Decision Making: Meaning and Nature, Factors Influencing Decision making and Judgement, improving Decision Making

12 Hours per Unit, Total : 60

**Books:**

1) Galotti, K.M. (1999) : Cognitive Psychology in and outside laboratory, Mumbai; Thomson Asia
5) Ronald. T. Kellog : Cognitive Psychology
Objective: This course is intended to present the knowledge about nature and issues of personality, different approaches such as cognitive, learning, triguna and to give acknowledge of recent advances in personality research.

Unit -1: Approaches to the study of Personality: Trait, Type and Eclectic Approaches, Biological and Socio Cultural Determinants, Controversial Issues in Personality Researches

Unit -2: Theoretical Perspective: Allport, Cattell, Five Factor Model, Freud, Adler and Eric Erikson Jung

Unit -3: Cognitive and Learning Approaches to Personality, Kelly,, Lewin, Festinger, Dollard and Miller, Bandura and Skinner.

Unit -4: Triguna Theory of Personality, Maslow’s Need theory and Roger’s Self Theory Constitutional Types

Unit -5: Recent Advances in Personality Research: Human Strength and Virtues; Learned Helplessness

12 Hours per Unit, Total : 60

Books:

1) Hall and Lindzey: Theories of Personality
2) Snyder and Lopez: Positive Psychology
Paper- 5: Practicum

- Any Ten of the following practicum-
  1) Creativity Test
  2) Rorschach Test
  3) Cognitive Assessment System of J.P. Das (PASS Model)
  4) Signal Detection/ Learning Set Formation
  5) Recognition Test (Computerised)
  6) Memory Process/ Zeigarnic Effect
  7) Depth/ Distance Perception
  8) Distortion in Memory
  9) Sustained Attention
  10) Verbal Comprehension Test (Token Test)
  11) MBTI
  12) Five Factor Inventory /16 PF
  13) Test For Problem Solving (Tower Of Landon)
  14) Vedic Types and Triguna

Note: Besides the above, the teacher can design other relevant practicum.
**Objective:** To gain familiarity with Meaning of Health in Socio Cultural Context, Stress and Coping Behaviour, Behavioural Health, Resources Promoting and Maintaining Mental Health, Behaviour and Chronic Diseases, future of health psychology.

Unit -1: Meaning of Health in Socio Cultural Context: Nature, Scope and Development, Psychosomatic Medicine, Behavioural Medicine, Behavioural Health; Models of Health


Unit -3: Behavioural Health: Preventing Smoking, Health Consequences of Tobacco use, Interventions to Reduce Smoking; Preventing Alcohol and Other Drug, Effects of Alcohol, Drug Misuse, Abuse and Treatment

Unit -4: Resources of Promoting and Maintaining Mental Health: Biological, Socio Cultural, Economical and Spiritual

Unit -5: Behaviour and Chronic Diseases: Identifying Behavioural Factors in Cardio Vascular Diseases, Cancer, Diabetes, HIV and AIDS

Unit -6: Future Prospects of Health Psychology

10 Hours per Unit, Total: 60

**Books:**


Paper- 2: Guidance and Counselling  

Objective: This course is prepared with the view to gain the knowledge about:
1. Fundamentals of guidance and counselling.
2. Methods of assessing the personality.
3. Characteristics and purposes of various types of counselling.
4. Importance of counselling in real life.

Unit -1: Guidance and Counselling: Meaning, Nature, Characteristics and Basic Principles, Aims and Importance
Unit -2: Methods of Assessment: Intelligence, Achievement, Aptitude, personality and Interest; Case Study, Autobiography, Home visits and Interview
Unit -3: Characteristics of Counselee and Counsellor: Counsellor as Professional Functionary, Counselling Process and Skills, Ethical issues in Counselling
Unit -4: Guidance Services in Schools and Clinical Settings: Importance, Scope and Problems; Family, Marital and Health Counselling
Unit -5: The Future and Status of Counselling with special reference to India.

12 Hours per Unit, Total: 60

Books:
3) Belking, G S : Introduction to Counselling W.G.Brown Publishing
4) Nelson ,J : The theory and practice of counselling Psychology ; New York Holt
5) Windy ,D: Counselling in Action sage Publication
Paper- 3: Psychopathology

Objective: To get the students acquainted with the nature of psychological disorders, classification of psychological disorders, Indian Perspectives on Sufferings and various psychological approaches to management.

Unit-1: Classification Systems & Models: Overview of latest versions of Diagnostic and Statistical Manual (DSM); International Classification of Diseases (ICD 10); Biological, Psychodynamic, Behavioral and Cognitive Models of psychopathology

Unit-2: Organic and Psychotic Disorders: Dementia; Schizophrenia (Disorganized, Paranoid and Catatonic Type) and Mood Disorders (Mania and Depression), Delusional Disorder

Unit-3: Neurotic, Stress-related and Somatoform disorders: Phobia, Panic Disorder, Generalized Anxiety Disorder, Obsessive-Compulsive Disorder; Post-traumatic Stress Disorder; Suicide , Conversion Disorder, Dissociative Amnesia, Dissociative Convulsions, Trance and Possession Disorder.

Unit-4: Substance Related Disorders: Alcohol Dependence, Short-term Effects of Cannabis

Unit-5: Mental Retardation and Specific Developmental Disorders of Scholastic Skills: Mental Retardation, Specific Reading Disorder, Specific Disorder of Arithmetical Skills

Unit-6: Therapeutic Approaches : Psychotherapy and Behaviour Therapy . Prevention Indian perspective on Health, illness and healing.

10 Hours Per Unit Total: 60

Books:

1) Richard R. Bootzin
2) Joan Ross Acolta
3) Lauren B. Alloy
4) J.C. Coleman
Paper- 4: Indian Psychology  
Code No- Psy-312  

Objective: To gain familiarity with Indian psychological concepts, the core and context of Indian psychology, trends of research and Ontological and Epistemological premises of Indian psychology.

Unit -1: The Core and Context of Indian Psychology: Definition of Indian Psychology, Brief Historical Background, The Changing perception of Indian Psychology, The Disciplinary Contours, Distinguishing features of Indian Psychology

Unit -2: Trends of Research: Indigenisation, Indigenous and Indian

Unit -3: Indian Concepts and Perspectives: Indian Psychological thoughts- Vedant, Sankhya, Yoga, Jainism and Buddhism, Integral Psychology of Shri Aurbindo as an emerging system

Unit -4: Ontological and Epistemological Premises of Indian Psychology: Nishkam Karma, Anasakti Yoga of Bhagwat Gita, Kundalini Yoga

Unit -5: Development of Specific Concepts: Jiva, Chit and Chatinya, Triguna, Manas/Chitta, Antahkarna, Ahamkara, Purushartha, Santosh, Swadhyay, Krodha, Karma, Gyan, Vigyan and Vivek.

12 Hours per Unit, Total : 60

Books:

2) J.N.Sinha : Indian Psychology , New Delhi: Motilal Banarsin Das
Paper-5: Practicum:

- Any Ten of the following practicum-

1. WAIS (Indian Adaptation)/ WISC (Indian Adaptation by Malin)/ Any non verbal test of Intelligence
2. Clinical Analysis Questionnaire
3. Stress test
4. Brahm Varchasya Guilt Feeling Test
5. Rosen wig PF Study
6. Any Verbal Intelligence Test
7. Any Nonverbal Test
8. Home(family) Adjustment Inventory
9. Depression Scale
10. Mental Health Test
11. PGI Mental Health Questionnaire
12. TAT
13. Rorschach Ink Block Test
14. MPI
15. MMPI
Semester -4 (Elective Papers)

1) Clinical Psychology

Objective: To get the students acquainted with:
1: Clinical Assessment
2: Meaning of Psycho- Diagnosis and prognosis
3: Techniques of Psycho- Diagnosis
4: Clinical Psychology as a profession

Unit- 1: Clinical Psychology : Nature, Problems and methods of clinical psychology.
Unit -2: Meaning of Psycho- Diagnosis: Types & Importance, concept of Prognosis.
Unit -3: Techniques of Psycho- Diagnosis, Neuro Psychological Assessment- Bender Gestalt, AIIMS Neuro Psychological Battery, TAT, Rorschach WAIS and MMPI, Case Study, Diagnostic interview and Observation
Unit -4: The Profession of Clinical Psychology: Training, Roles and Responsibilities in Clinical Psychology. The future of clinical psychology, specially in India.

12 Hours per Unit, Total : 60

Books:
4) Korchin S.J. Modern Clinical Psychology.
6) \text{\textit{वुड्जु ब्लेक्सर 2010, सर्भिज पॉल्चेक वेल तारक प्यारहल प्याल एंड जेरी}}
2) Organizational Psychology Code No- Psy-314

Objective: The goal of this course is to create awareness and understanding about general concepts of organization behaviour as well as the structure and dynamics of organization and its impact on human behaviour.

Unit-1: Foundation for organizational behaviour: Historical context of organizational behaviour defining organizational behaviour, models of organizational behaviour, scope and opportunities for organizational behaviour.


Unit-5: Decision making: Traditional model of decision making, approaches to decision making in organization, impediments to optimal decision, improving effectiveness of group decision.

12 Hours per Unit, Total: 60

Books:
1) Luthans, F. (9th ed.): Organizational behaviour. New Delhi: Tata MCGraw- hill publishing company Ltd.
3) Industrial Psychology

**Objective:** The main objective is to create understanding and awareness about the nature of fundamental issues related to human behaviour and Industrial environment.

Unit -1: Introduction to Industrial Psychology: Definitions and Scope, Major Influence on Industrial Psychology: Scientific Management and Human Relations Schools Hawthorne Experiments

Unit -2: Individual in Work Place: Motivation and Job Satisfaction, Stress Management, Organisational Culture, Leadership and Group Dynamics

Unit -3: Work Environment & Engineering Psychology: Fatigue Boredom, Accidents and Safety; Job Analysis, Recruitment and Selection: Reliability and Validity of Recruitment Tests

Unit -4: Performance Management: Training & Development

15 Hours per Unit, Total : 60

**Books:**

4) Developmental Psychology  

**Objective:** This course is aimed at Theoretical background, Cognitive Development, Moral Development, Play, Adolescence- Growth and Characteristics

- **Unit -1:** Concept, Theories, Philosophical View, Maturation Theories, Behavioural Learning Theories, Adaptation Theories, Psychodynamic Theories
- **Unit -2:** Cognitive Development, Piagetian Approach, Vygotskian Approach, Language Development
- **Unit -3:** Moral Development, Play: Types and Development of Social Understanding, Emotional Development
- **Unit -4:** Adolescence- Growth and Characteristics; Adulthood and Old Age- Characteristics, Changes in Cognitive Abilities, Adjustment to Physical Changes

15 Hours per Unit, Total :60

**Books:**

1) Hurlock : Developmental Psychology
2) Burk, Laura A. : Child Development
5): **Environmental Psychology**

**Objective:** This course is prepared to serve the purpose related to environmental issues and factors and their impact on human behaviour.

Unit -1: Nature and Scope of Environmental Psychology
Unit -2: Approaches to Environmental Psychology, Environmental Load, Adaptation Level and Behaviour Constraints, Stress and Banker’s Ecological Psychology
Unit -3: Environmental Cognition: Nature and Characteristics and Theories of environmental perception and attitude, Cognitive maps.
Unit -5: Personal space and territoriality: Meaning and nature of Personal space and territorial behaviour. Effects on Social-behaviour and Performance.
Unit-6: Methods of changing environmental favourable attitude and behaviour.

10 Hours per Unit, Total 60

**Books:**

2) Paul A. Bell, (Et al.) Environmental Psychology,
4) Charles J. Holahan - Environmental psychology (1982) , Environmental psychology
Objective: This course is aimed at creating awareness and understanding about nature models of different systems of community setting and importance of intervention and prevention in community psychology

Unit -1: Community Psychology: Definition, Nature, Scope and orientation, Its Development in Social and Historical Context, Factors underlying the emergence of Community Psychology

Unit -2: Mental Health Education: Practices of Mental health education effectiveness of mental health education.

Unit -3: Models: Mental Health, Social Action, Organisational and Ecological Model

Unit -4: Intervention: In Education System, Health System and Social welfare System, National (Mental) health, Quality of life.

Unit -5: Prevention: Primary, Secondary and Tertiary.

12 Hours per Unit, Total: 60

Books:

1) Korchin, S. J. Modern Clinical Psychology
2) Iscoe, I. Book, B.L. and Spiel Berger, C.D. (Eds.) Community Psychology: Perspective in Training and Research, NY. Appleton. 1977
3) Mann, A.P. Community Psychology, Concept and Application, Free Press, 1978
4) Repaport, J. Community Psychology: Values, research and actions, NY, Halt, Rine Hart
7) Stress Management and Coping

Objective: This course is aimed at Nature of Stress and Health, Managing/ Coping with Stress, Bio Feedback, Assertiveness training, Time Management, Coping with Organisational Role.

Unit -1: Nature of Stress and Health: Lazarus and Folkman’s Transactional Model, Conceptualisation of Stress, Sources of Stress, Gender and Stress
Unit -2: Managing/ Coping with Stress: Self Management through Self Awareness, Yogic Meditation, Buddhist Vipassana
Unit -3: Bio Feedback, Assertiveness training, Time Management, Relaxation Trainings
Unit -4: Coping with Organisational Role Stress, Coping with Mergers and Acquisitions dealing with dual career relationships

15 Hours per Unit, Total : 60

Books:

1) Pestonjee;D.M. : Stress and Coping : the Indian experience ,New Delhi; Sage Publication
2) Mishra G(Ed) : Psychological Perspective on stress and Health ; New Delhi
8) Neuro-Developmental Disorders

**Objective:** This course is aimed at Learning Disabilities, Attention Deficit Hyper Activity Disorder, Autistic Spectrum Disorders, Dementias.

Unit -1: Learning Disabilities: Theoretical Framework, Types, Diagnostic Procedures
Unit -2: Attention Deficit Hyper Activity Disorder: Theoretical Framework, Types, Diagnosis, Etiology
Unit -3: Autistic Spectrum Disorders: Theoretical Framework, Levels, Etiology, Assessment and Interventions
Unit -4: Dementias: Types and Classification; Alzheimer’s Disease: Histological Markers, Neuropsychological Profile, Sub cortical Dementias with Special Reference to Parkinson’s Disease

15 Hours per Unit, 

**Total : 60**

**Books:**

9) Forensic Psychology

1) Survey of Forensic Psychology Practice and Principles: the field of forensic psychology, its history and impact in today’s world. Relationship between law and psychology. Preparation of reports for court and other forensic settings.

2) An introduction to personality disorders. Therapy interfering behaviours. Personality Assessment in Personal Injury Litigation, Psychology of Victims

3) The Adult Offenders: Identification and Evaluation of Criminal Suspects. Psychological origins and dynamics of criminal behavior from the viewpoint of psychological theories. Psychological theories related to etiology, development and prediction of violent crime. Special offender populations (sex offender, offenders with developmental disabilities or those classified as mentally retarded).

4) Polygraph Testing, Narco-analysis, Lie-Detection, Brain Profiling, Interviewing techniques, Offender profiling, Modus Operandi, Portrait Parle

15 Hours per Unit, Total: 60

Books:


5) Marc Ackerman 1999 : Essentials of Forensic Psychological Assessment, Wiley


10) Disaster Management

**Objective:** This course is aimed at Concept, Type and Impact of Disaster, Psychological Response to Disaster, Psychosocial needs of women, children, elderly and disabled, Psychosocial care.

Unit -1: Introduction: Concept, Type and Impact of Disaster
Unit -2: Psychological Response to Disaster: Reaction to Traumatic Stress, Stages and Phases of Reaction, PTSD, Dissociative Reaction
Unit -3: Psychosocial needs of women, children, elderly and disabled
Unit -4: Psychosocial care: Importance, need assessment, principles of Emotional support, basic techniques of psychosocial care, role of Psychosocial caregiver, ethics for providing psychosocial care
Unit –5 Vicarious Trauma, Psychological and Physiological impact of disaster on rescuers, Management of Rescuer’s stress.

12 Hours per Unit, Total : 60

**Books :**

1) K. Shekher et. al.: Psychosocial care in Disaster Management: Facilitation Manual for Trainers of Trainees in Natural Disaster; Nimhans, Care Bangalore
2) Prewitt Diaz, J.O. et. al.: Crisis to recovery: the road to resiliency, New Delhi: Indian Red Cross Society/ American red Cross
3) Prewitt Diaz, J.O. et. al.: Disaster Mental Health in India: Indian red cross
4) Elaine Enarson, P.G.Dhar Chakrabarti: Women, Gender and Disaster Global Issue and Initiatives, Sage Publication/.
11) Human Resource Practices


Unit -2: Meeting HR Requirements: Job Analysis and Job Descriptions, Diversity and Empowered employees, Career Management and Developing Diverse Talent Pool, Competency Assessment: Perspective and Techniques

Unit -3: International HRM, Globalisation and Individual.

Unit -4: Communication and Team Work in International Work Force. Training and development, Talent management, cultural barriers.

15 Hours per Unit, Total : 60

Books:

12) Emotions in Everyday life

Unit -1: Emotions, Biological Approaches to the Study: Cognitive, Psychodynamic, Evolutionary and Cultural
Unit -2: Self Conscious Emotions: Shame, Guilt, Embarrassment and Pride
Unit -3: Empathy and Forgiveness, Hope and Flow
Unit -4: Positive Emotional States: Positive affect, Optimism,

15 Hours per Unit, Total : 60

Books:

13) Planning, Recruitment & Selection

Objective: This course is aimed at Definition of Manpower Planning, Job Analysis, Recruitment Process, Barriers to Effective Selection.

Unit -1: Definition of Manpower Planning, Need for Manpower Planning: Organisational And Individual, Assessing the Current Human Resources, Assessing the Future Demand and Supply of Manpower

Unit -2: Job Analysis: Job Description, Specification and Application, Methods & Errors of Job Analysis

Unit -3: Recruitment Process: Definition, Internal & External Sources with Advances and Disadvantages, Special Recruitment Processes, Techniques & Assessment of Selection Process, Cost of Selection

Unit -4: Barriers to Effective Selection, Selection Feedback and Decision, Contextual Factors in Selection

15 Hours per Unit, Total : 60

Books:


• **DISSERTATION**: Dissertation, in lieu of practicum, is compulsory for all students.